



2010

Norwegian and Swedish  
Music and Dance at  
Camp Ogontz, NH  
Week camp: Sunday,  
June 27 – Sunday, July 4  
Mini-camp: June 27-29



\_\_\_\_\_ *from Norway:* \_\_\_\_\_

Margot Sollie and Hans Peter Kvikne, *Røros dance teachers*  
Olav Mjelva, *fiddle, Hardanger fiddle*

\_\_\_\_\_ *from Sweden:* \_\_\_\_\_

Benno Eriksson and Christina Skoglund, *dance teachers from Gästrikland*  
Tony Wrethling, *fiddle*, Eva Åström Rune, *singing*

\_\_\_\_\_ *U.S. Staff:* \_\_\_\_\_

Roo Lester *and* Larry Harding, *Scandinavian Dance Basics*  
Loretta Kelley, *Hardanger fiddle*, **Bart Brashers**, *Nyckelharpa*  
Andrea Hoag, *Gammaldans band*, *Swedish fiddle harmony*  
Marilyn Butler, *Beginning fiddle*



A *week* of magical music and dance with some of the best Scandinavian folk musicians and dancers in the world! Immersion works best to improve your skills (and enjoyment), but if you can't make a full week, we also offer our *mini-camp* June 27 – June 29. If you've been before, you know about camp (classes for all levels with world-class instructors, rich cultural programs, music and dance at all hours).

Classes *œ* Concerts *œ* Culture Sessions *œ* Nightly Dance Parties  
Separate Evening Springar Parties (new!) *œ* Fiddle Harmony Class (new!)  
Crafts with Margot *œ* Swimming *œ* Canoeing *œ* Hiking  
Families Welcome! -- children under 5 free

## ☺ ☺ ☺ ☺ NFF Classes ☺ ☺ ☺ ☺

**Dance classes** include Swedish, Norwegian, and Basics, and are designed for all levels of dancers. Dance Basics introduces beginners to Scandinavian dancing while practicing body-mechanics and skills helpful to all levels of dancers. We change partners often (you need not register with one). Evening parties range from mixers and gammaldans to more esoteric bygdedans, and include dances taught during the day plus your special requests. We dance to live music in every class and at every party!

**Music classes** are taught at multiple levels for fiddlers, Hardanger fiddlers, nyckelharpists, and singers. We teach "by ear," so bring a recording device. A syllabus of sheet music is also available. Fiddlers should have at least two years of violin experience in some tradition; no experience is necessary for basic singing, nyckelharpa, or Hardanger fiddle. Basic singing includes language coaching. The gammaldans band is open to *all* instruments and voices. New for this year is a fiddle harmony class, to unlock some of the depth and mystery of Swedish twin fiddling. We hope to have a few loaner nyckelharpas and Hardanger fiddles available for beginners, but to be certain, bring your own or arrange your own loaner.

## ☺ ☺ ☺ ☺ NFF Staff 2010 ☺ ☺ ☺ ☺

**Margot Sollie** and **Hans Peter Kvikne** are beautiful Rørospols dancers and expert teachers who bring energy, beauty, and depth to understanding the dance. Both have danced at Landskappleik and Margot has been an A class winner many times. Margot, born and raised in Hitterdal near Røros, has been active in Røros dance events all her life, as both dancer and judge. Both Hans Petter and Margot dance with the Rørosfolkdanslag. Margot makes the traditional folk costumes of the Røros district and is a fabulous resource regarding the folk craft traditions of her area.

**Olav Mjelva** is a brilliant young Røros fiddler; he is also a Hardanger fiddler (Hallingdal) and won the Norwegian national Hardingfele competition in 2008. He is a member of several folk ensembles with a number of recordings to his credit. He is a clear and patient teacher, and we are delighted to welcome him to NFF.

**Benno Eriksson** and **Christina Skoglund** are from Gävle, in Gästrikland, Sweden. Benno began dancing with Philochoros, the oldest folk dance association in Sweden. Christina began dancing in the '70's with the Rillen folkdance group in Gävle. Benno was awarded the gold medal number 11 by the board of the *Polskmärkesuppdansningen* for field work in folk dance in Gästrikland. Together with Tony Wrethling he researched polska dances to coordinate with the music the fiddlers were still playing; they found more polskor as well as several variations of schottis, polka, and waltz. Christina earned her big silver medal at the *Polskeuppdansningen* in 1981.

**Tony Wrethling** has been researching and studying the roots of folk music and dance in Gästrikland since 1973. He was awarded the Zorn silver medal in 1976 and the Zorn gold medal in 2005, and has been on the Zorn jury since 2006. He works at Västerbergs Folkhögskola, an adult educational centre in Storvik, as a music teacher and computer coordinator.

**Eva Åström Rune** is a graduate of the folk music program at the Royal Music Conservatory in Stockholm. She has toured and recorded - both solo and in various groups - and has worked in theater and choral productions. Eva is renowned for her collecting, her teaching, and her singing for dance. She received the Ångered Cultural Award in 2009.

**Roo Lester** and **Larry Harding** are mainstays at NFF, where they share their broad experience and delightful teaching style with us. They are especially welcoming and helpful to new campers and less experienced dancers, while remaining favorite teachers for more experienced dancers as well.

**Loretta Kelley**, the best-known American Hardanger fiddler, has been many times to study and perform in Norway. She has many recordings and countless camps, dances, and concerts to her credit. She adds sparkle to any evening party (late nights, anyone?), and will be tutoring Hardanger fiddle students as well as running the Hardanger fiddle spelemannslag.

**Andrea Hoag** returns to lead the gammaldans band and to share her wealth of Swedish music. Andrea studied fiddling at Malungs Folkhögskola and with Bingsjö tradition bearer Pekkos Gustaf. With her enthusiasm and her patient manner, she has much to offer musicians at all levels.

**Bart Brashers** is a nyckelharpa missionary, a founder of the American Nyckelharpa Association, a fine dance player, and an excellent teacher for all levels from beginner to advanced.

**Marilyn Butler** is a music teacher by profession and an enthusiastic Swedish fiddler. We welcome her to NFF, where she will teach the Fiddle 1 class.

## ☯ ☯ ☯ ☯ Details, Details ☯ ☯ ☯ ☯

**Camp Ogontz** shines as one of the most beautiful camp settings we've seen! It's located on 350 acres in New Hampshire's White Mountains, three miles or so off Route 10, SW of Littleton. A stream with waterfalls runs through camp and into the camp's own secluded lake. It is surrounded by acres of woods and sunny open spaces. The camp has many amenities, including a large dining hall, swings, tennis and volleyball courts, lovely paths through the woods, swimming, canoeing, and, of course, dance halls and ample practice and rehearsal space.

Ogontz, founded in 1923, has its own traditions. Every camper (and all staff) should expect to help about 30 minutes a day with some camp task.

**Food:** Ogontz bakes its own bread and treats, and offers tasty meals with vegetarian (not vegan) options. *Specify your request for vegetarian food on the registration form.* They have a small kitchen staff and cannot cater to special diets, so if you have special needs, come prepared. There are refrigerators for camper use, plus some items are always available: eggs, yogurt, carrots and celery, bread, cheese, peanut butter, hummus, milk, soy milk, Rice Dream, tofu, and beans.

**Housing:** *There are two basic levels of housing:* (1) open-sided "Adirondack" cabins (with roll-down tarps for rain and privacy), which house 2-3 people, with shared bathrooms nearby; and (2) a limited number of "premium" cabins with more convenient bath facilities. Premium rooms range from dorm style to lovely cottages with living rooms and separate bedrooms. For fairness these are assigned by lottery. *All units have beds with mattresses (not cots) and electric lights.* Ogontz also has a few rental houses that may be available at extra cost: contact Ogontz directly. Smoking is not allowed in any of the buildings. See [www.campogontz.com](http://www.campogontz.com) for more information - and pictures!

<b>Registration:</b>	<i>Full camp (Sunday dinner through Sunday breakfast)</i>	<i>Mini-camp (Sunday dinner through Tuesday afternoon)</i>
Adult.....	\$760.....	\$325.....
Adult (premium housing).....	\$845.....	
Teen (12-19).....	\$420.....	\$180.....
Child (5-11).....	\$350.....	\$125.....
Additional mini-camp days, per day.....		\$120.....

A deposit of \$200 by **May 1st** holds your place, and is fully refundable till June 1. The balance (\$560 for the full week, or \$645 for premium housing, \$125 for mini-camp) must be postmarked by **June 1st**. Registrations postmarked after May 1 must include the *full amount plus a \$45 surcharge* for the full week (\$805/\$890 total), *or \$25* for mini-camp (\$350 total). We cannot accept registrations after June 12.

**Children** are very welcome with an adult who is responsible for them; fees for them are listed above. Children under five are welcome, and come for free. We will connect parents so they can arrange activities together.

**Work scholarships:** a few are available, for a reduced rate of \$430 (\$475 after May 1). This involves about three hours of work daily, which we try to arrange so you don't miss classes. To apply, include a note with your registration and deposit and describe the work you're willing to do. Please call or email us for more details.

**Syllabus:** Dance notes and sheet music for the tunes are available. Please pre-order them on the registration form.

**Travel Planning:** Camp begins with registration at 3 pm on Sunday. Camp ends after breakfast on Sunday, July 4 (or before supper on Tuesday, June 29, for mini-camp). Ogontz is about a 1.5-hour drive from Manchester (a Southwest Airlines hub), or about three hours from Boston. We can help you coordinate rental cars or rides with other campers, but not before you send us your travel information.

**SASE:** Please include **two (2)** self-addressed, stamped envelopes with your registration. We will send you your acceptance, plus details (directions, etc.) later.

***We hope you can come! - Meg, John, & Matt (directors)***

Send your reservation now: it helps us plan! Registrations are fully refundable until June 1, so reserve a space if you're thinking of coming to camp. We admit all applicants until we reach our minimum enrollment. After that we do our best to balance the number of men and women attending camp. *Men: you can help us by registering early!*

Make your check payable to **Nordic Fiddles and Feet** (US Dollars only, please), and mail the following application with **two self-addressed, stamped envelopes** to: **NFF, 4401 Alta Vista Way, Knoxville, TN 37919**

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone(s) \_\_\_\_\_

E-mail \_\_\_\_\_

How would you like your name(s) to appear on your badge(s)? \_\_\_\_\_

Child(ren) name(s) and age(s) \_\_\_\_\_

**Type of housing:**

Regular (Adirondack) \_\_\_\_\_ Premium: \_\_\_\_\_

Women-only \_\_\_\_\_ Men-only \_\_\_\_\_ Couples/mixed \_\_\_\_\_

Do you expect to bring a tent? \_\_\_\_\_

Special housing issues (Snorer? Need quiet? Night-owl or early riser?) \_\_\_\_\_

**Regular diet?** \_\_\_\_\_

**Vegetarian?** \_\_\_\_\_

**Other special needs?** \_\_\_\_\_

**I enclose:**

Deposit (\$200) for \_\_\_ person(s) \_\_\_\_\_

Full-week fee for \_\_\_ adult(s),  
 \_\_\_ teen(s), \_\_\_ child(ren)  
 (@ \$760/\$420/\$350 for regular cabins,  
 \$845/\$505/\$435 for premium)

Mini-camp fee for \_\_\_ adult(s)  
 \_\_\_ teen(s), \_\_\_ child(ren)

I'd like \_\_\_ dance syllabi @ \$4 each \_\_\_\_\_

I'd like \_\_\_ music syllabi @ \$6 each \_\_\_\_\_

I'd like to order \_\_\_ T-shirts, circle size(s):  
 S/M/L/XL/XXL, short sleeve \$15, long \$22 \_\_\_\_\_

Total enclosed \_\_\_\_\_

Balance due \_\_\_\_\_

**Thanks! We can't wait to see you at camp!**

*Please mark (X) which classes you intend to take and tell us your skill level: **Beginner**, **Intermediate**, or **Advanced**. You may change your mind at camp; this is just to help with planning. Most people take 2-3 classes; some squeeze in 4. Also, let us know if you need to borrow a nyckelharpa or Hardanger fiddle, or can lend one. Thanks!*

	Class	Level
Norwegian dance	_____	_____
Swedish dance	_____	_____
Dance basics	_____	_____
Hardingfele	_____	_____
Norwegian fiddle	_____	_____
Swedish fiddle	_____	_____
Nyckelharpa	_____	_____
Singing	_____	_____
Fiddle harmony (one level)	_____	_____
Crafts (one level)	_____	_____

I need to borrow a Hardanger fiddle \_\_\_ nyckelharpa \_\_\_

I can lend a Hardanger fiddle \_\_\_ nyckelharpa \_\_\_

I would like to see these dances/techniques reviewed in the Basics class: \_\_\_\_\_

I have the following skills/ talents I can share with NFF (MD or nurse, video whiz, contra caller, auctioneer, etc.):

\_\_\_\_\_

\_\_\_\_\_

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**Nordic Fiddles and Feet 2010**  
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*At Camp Ogontz in northern New Hampshire*

Sunday, June 27 – Sunday, July 4

Mini-camp: Sunday, June 27 – Tuesday, June 29

*Music and dance of Sweden & Norway:*

Benno Eriksson & Christina Skoglund, Tony Wrethling,  
Eva ÅströmRune, Margot Sollie & Hans Petter Kvikne, Olav Mjelva,  
Roo Lester & Larry Harding,  
Bart Brashers, Andrea Hoag, Loretta Kelley, Marilyn Butler



**Nordic Fiddles and Feet**

4401 Alta Vista Way  
Knoxville, TN 37919  
(865) 522-0515

Email: [fiddlesandfeet@bellsouth.net](mailto:fiddlesandfeet@bellsouth.net)

Website: [www.nordicfiddlesandfeet.org](http://www.nordicfiddlesandfeet.org)

**address correction requested**