



2008

Norwegian and Swedish

Music and Dance

Buffalo Gap Camp

Full Week: June 28-July 5

Mini-camp: June 28-July 1



_____ *from Norway:* _____

Dag Hamre, Brit Berthelsen Totland, Tore Bolstad

_____ *from Sweden:* _____

Beret Bertilsdotter, Petter Johansson, Ulf & Mats Andersson

_____ *U.S. Staff:* _____

Roo Lester and Larry Harding, *Scandinavian Dance Basics*

Ben Teitelbaum, *nyckelharpa*, Loretta Kelley, *hardingfele*

Karin Code, *gammaldans band*, Hege Ravdal, *singing*



A full week of magical music and dance with some of the best Scandinavian folk musicians and dancers in the world! Immersion works best to improve your skills (and enjoyment), but if you can't make a full week, we also offer our *mini-camp* June 28 – July 1. If you've been before, you know about camp (music and dance at all hours: the spectacular dance pavilion! the sauna!). If you're new, you get 10% off as a first-timer!

Classes & Concerts & Culture Sessions & Nightly Dance Parties

Fabulous Food, Featuring Scandinavian Specialties

Swimming & Hiking & Sauna

Families Welcome! - half off for third child, children under 5 free

Dance classes include Swedish, Norwegian, and Basics, and are designed for all levels of dancers. Dance Basics introduces beginners to Scandinavian dancing while practicing body-mechanics and skills helpful to all levels of dancers. We change partners often (you need not register with one). Evening parties vary from mixers and gammaldans to more esoteric bygdedans, and include dances taught during the day plus your special requests. We dance to live music in every class and every party!

Music classes are taught at multiple levels for fiddlers, Hardanger fiddlers, nyckelharpists, and singers. We teach "by ear," but a syllabus of sheet music is available. Fiddlers should have at least two years violin experience in some tradition; but no experience is necessary for basic singing, nyckelharpa, or Hardanger fiddle. Loaner nyckelharpas and Hardanger fiddles are available for beginners. Basic singing includes language coaching. The gammaldans band is open to *all* instruments (and singers).

Cultural sessions will be presented by various staff members throughout the week.

⌘ ⌘ ⌘ ⌘ Norwegian Staff ☞ ☞ ☞ ☞ ☞

Dag Hamre began dancing before he was a teen. He competed in Landskappleik from the 70's to the 90's, and started teaching dance in the late 80's (he came to Buffalo Gap in '89). He patterns his teaching after examples of older dancers he has seen, and says his teaching goals are met when the dance couple and musician are in perfect harmony.

Brit Berthelsen Totland has been dancing Norwegian folkdances since the 70's, teaching since the 80's, and is still competing in the Landskappleik as a class A Valdres dancer. Brit was Dag's partner at Buffalo Gap in 1989. She says, "When the dancers have learned the Valdrespringar, they just dance and do not *have to* think what will come next."

Tore Bolstad is the heir apparent to the great Valdres fiddler Torleiv Bolstad (his great-uncle). He grew up on a farm in Valdres (which his parents still work). He has won the Landskappleik in Hardanger fiddle, and has many concerts and solo recordings to his credit. He's a clear, generous teacher, and has been to the US many times. He'll bring his new recording!

⌘ ⌘ ⌘ ⌘ Swedish Staff ☞ ☞ ☞ ☞ ☞

Beret Bertilsdotter comes from Föllinge, Jämtland, in north-central Sweden. She is responsible for carrying on the strong tradition of Föllinge dancer Ernst Grip, who preserved the local dances in unbroken tradition. Beret leads the annual camp in Föllinge, *Föllingeveckan*, and has been to the US several times to help spread these lively, lovely dances.

Petter Johansson is a talented young dancer, performer, and teacher, from Boden, Norrbotten. He has been dancing Swedish folk dance since he was a child and has studied dance and dance teaching at Eric Sahlström Institut in Tobo. He focuses on the interaction between partners and the music, along with improvising to develop a "Swedish" style.

Ulf and Mats Andersson grew up in Föllinge, and while they have branched out as violin teachers and performers, they both retain their long love and deep knowledge of the local traditional music. They have been to the US many times and make quite a team. They obviously enjoy inciting each other in musical flights, and together they promise a rip-roaring good camp, for both musicians and dancers.

⌘ ⌘ ⌘ ⌘ U.S. Staff ☞ ☞ ☞ ☞ ☞

Roo Lester and Larry Harding are mainstays at NFF, where they share their broad experience and delightful teaching style with us. They are especially welcoming and helpful to new campers and less experienced dancers, while remaining favorite teachers for more experienced dancers as well.

Ben Lagerberg-Teitelbaum is our nyckelharpa teacher for 2008. A recording and gigging 'harpist (with the Swedish trio Bjärv), Ben holds the first U.S. BA in performance on nyckelharpa. He's studied at the Sahlström Institut, and at the Royal Academy in Stockholm. He is currently pursuing a PhD in ethnomusicology at Brown University.

Loretta Kelley returns to NFF: perhaps the best-known American Hardanger fiddler, Loretta has many recordings and countless camps and dances to her credit. She adds spark to any evening party (late nights at the sauna, anyone?), and will be tutoring Hardanger fiddle students as well as running the Hardanger fiddle spelemannslag.

Karin Code will lead the gammaldans band this year. Karin has been fiddling around with Scandinavian styles since college. She lived in Norway (mostly Hallingdal) for two years soaking up the music and dance culture. A gracious leader and creative director, Karin's patient manner fits well for all levels of musicians.

Hege Ravidal, originally from Morgedal in Telemark, has been deeply involved with Norwegian traditional singing for some time. She has studied in Norway, and counts as influences Olav Sem, Aasmund Nordstoga, and Jon Anders Halvorsen. Hege now lives in the US, where she has taught kveding at the HFAA Workshop for the past two years.

Make check payable to **Nordic Fiddles and Feet** (US Dollars only, please)
and mail this application (both sides) with **two self-addressed, stamped envelopes** to:
NFF, 4401 Alta Vista Way, Knoxville, TN 37919

Name(s) _____

Address _____

Phone(s) _____

E-mail _____

How would you like your name(s) to appear on
your badge(s)? _____

Child(ren) name(s) and age(s) _____

Type of housing:

Women-only ___ Men-only ___ Couples/mixed ___

Do you expect to bring a tent? _____

Do you snore? _____

Special dietary needs: (if veggie please indicate what
kind: eggs? fish? etc.) _____

I enclose:

Deposit for ___ person(s) _____

Full-week fee for ___ person(s) _____

Mini-camp fee for ___ person(s) _____

I'd like ___ dance syllabi @ \$4 each _____

I'd like ___ music syllabi @ \$6 each _____

I'd like to order ___ T-shirts, circle size(s):
S/M/L/XL/XXL, shrt slvs \$15, long \$22 _____

-10% first-timer discount(\$72.50 or \$40) _____

Total enclosed _____

Balance due _____

Thanks! We can't wait to see you at camp!

Registration: \$725 for the full-week camp (Sat. dinner through Sat. breakfast). *First-timers* (who have never attended NFF or its predecessor Scandinavian Week) receive a 10% discount. Mini-camp is \$400. A deposit of \$200 by **May 1st** holds your place, and is fully refundable till June 1. The balance (\$525 for full week, \$200 for mini-camp) must be postmarked by **June 1st**. Registrations postmarked after May 1 must include the *full amount plus a \$40 surcharge* for the full week (\$765 total), *or \$25* for mini-camp (\$425 total). We can't accept registrations after June 12.

SASE: Please include **two** self-addressed, stamped envelopes with your registration. We will send you your acceptance, plus details (directions, etc.) later.

Children are very welcome with a designated adult who is responsible for them. Full week: \$330 ages 13-19, \$230 ages 5-12. For mini-camp: teens \$180, children \$130. Children under five are welcome, and come for free. The third child in the family is 50% off. We will connect parents so they can arrange activities together.

Work scholarships are available, mainly in the kitchen, for a reduced rate of \$375 (\$415 after May 1). All positions involve about three hours daily and can be arranged so you don't miss classes. To apply, send a letter along with this form and your deposit, describing your cooking or other *relevant* experience. Please call or email for more details.

Syllabus: Dance notes and sheet music for the tunes are available: please pre-order on the form above.

Buffalo Gap Camp is in Capon Bridge, WV, near Winchester, VA, about two hours west of Washington, D.C. It is a rustic, 200-acre camp with a beautiful open-air, covered dance pavilion overlooking a small, private swimming lake with sandy shores and a wood-burning sauna at one end. Cabins are nestled in the hill surrounding the pavilion. Bathrooms range from sink and toilet in the cabin, with group shower, to full renovated bathrooms shared by three or four rooms. Expect to share a cabin with up to seven people. You are welcome to bring a tent for more privacy. *No smoking* is allowed in any of the buildings.

Travel Planning: Camp begins with dinner at 7pm on Saturday, June 28. *Please arrive after 5pm.* Camp ends after breakfast on Saturday, July 5 (or before lunch on Tuesday, July 1, for mini-camp). If you fly to Dulles airport, plan to arrive by 2pm on the 28th, if possible, and depart after 2pm on the day of your departure. We can help you coordinate rental cars or rides with other campers, but not until you submit your travel info to us.

Send your reservation now: it helps us plan! Registrations are fully refundable until June 1, so reserve a space if you're thinking of coming to camp. We admit all applicants until we reach our minimum enrollment. After that we do our best to balance the number of men and women attending camp. *Men: you can help us by registering early!*

Please mark(X) which classes you intend to take and tell us your skill level: Beginner, Intermediate, or Advanced. You may change your mind at camp; this is just to help with planning. Most people take 2-3 classes; some squeeze in 4. Also, let us know if you need to borrow a nyckelharpa or Hardanger fiddle, or can lend one. Thanks!

I would like to review the following dances/techniques in the dance basics class: _____

	Class	Level
Hardingfele	_____	_____
"Normal" fiddle	_____	_____
Nyckelharpa	_____	_____
Singing	_____	_____
Norwegian dance	_____	_____
Swedish dance	_____	_____
Dance basics	_____	_____
Crafts	_____	_____



<< Ulf & Mats Andersson

I have the following skills/ talents I can share with NFF (MD or nurse, video whiz, contra caller, auctioneer, etc.):

I need to borrow a Hardanger fiddle____ nyckelharpa____
I can lend a Hardanger fiddle____ nyckelharpa____

I can't come this year: please keep me on ____ remove me from ____ the mailing list.

We hope you can come! — Meg, Cathie, John, & Peter (directors)

===== ❄️ =====

Nordic Fiddles and Feet

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Website: www.nordicfiddlesandfeet.org
June 28-July 5, 2008
Mini-camp June 28-July 1, 2008

address correction requested

Music and dance of Sweden & Norway: Beret Bertilsdotter, Petter Johansson, Mats & Ulf Andersson, Dag Hamre, Brit Berthelsen Totland, Tore Bolstad, Hege Ravdal, Roo Lester and Larry Harding, Ben Teitelbaum, Karin Code, Loretta Kelley