



**Norwegian and Swedish
Music and Dance
at Buffalo Gap Camp
Fifth Anniversary 2005
Full Week: July 2-9
New Mini-Camp: July 2-5**



❧ DANCE ❧

Dances from Voss, Norway

**Anna Torhild Blikberg
Knut Bilkberg**

Swedish polskor

Bengt Mård

Britt-Mari Westholm

Scandinavian Dance Basics

Roo Lester, Larry Harding

❧ MUSIC ❧

Leif Rygg, Hardingfele

Anna-Kristina Widell, Nyckelharpa

Jonas "Jalle" Hjalmarsson, Swedish fiddle

Eva Åström Rune, Swedish singing

Loretta Kelley, Hardingfele

Bruce Sagan, Gammaldans band,

Swedish fiddle

Whether you're new to Scandinavian dance/music or a perennial camper, come embrace the Fiddles and Feet community that springs to life each summer!

Never attended before? Get 10% off!



Immerse yourself in this enchanting folk music and dance in the beautiful West Virginia hills, taught by some of the best Scandinavian musicians and dancers in the world. Can't attend a full week? Our new *Mini-Camp* (Saturday dinner through Tuesday breakfast) offers a sampler of the music and dance that are explored in depth during the full-week camp. Both programs offer a full and varied schedule of music, dancing, and fun.



Classes ❧ Concerts ❧ Culture Sessions ❧ Nightly Dance and Music Parties

Fabulous Food Featuring Scandinavian Delicacies

Traditional Scandinavian Handicrafts ❧ Swimming ❧ Hiking ❧ Sauna

Families welcome—half off for third child!

www.nordicfiddlesandfeet.org

Dance classes include Swedish, Norwegian and Basics and are designed for all levels of dancers. Dance Basics is intended to give beginners an introduction to Scandinavian dancing while practicing skills useful to dancers at all levels of experience. We change partners often (you need not register with one). Evening parties are varied with gammaldans, mixers, bygdedans, dances taught during daily classes, and your special requests. We dance to live music at every session and party!

Music classes include multiple levels of *Swedish fiddle*, as well as *hardingfele*, *nyckelharpa*, and *singing*. Classes

are generally taught “by ear” although a syllabus of written music for most tunes is available. To take a fiddle class you should be a competent fiddler in some tradition, but may be new to Scandinavian music. For basic hardingfele or nyckelharpa you need to have some musical background. Basic singing will include language coaching. The gammaldans band is open to ALL instruments and singers.

Crafts and cultural sessions will be presented by various members of the staff throughout the week. In the past crafts have included traditional Scandinavian knitting, bobbin lace, woven stars and grass decorations, and more.

🌸🌸🌸🌸 Norwegian Staff 🌸🌸🌸🌸

ANNA TORHILD BLIKBERG and KNUT BLIKBERG began dancing nearly 40 years ago learning from community elders in Voss in the old tradition. Knut has consistently ranked at the top in regional and national folk dance competitions. He has danced vossaspringar and halling in six European countries and the United States, and made several television appearances, including the Lillehammer Winter Olympics. He is a noted collector of dance traditions from Western Norway. Knut’s wife, Anna Torhild Blikberg, has been his partner for dance teaching for many years.

LEIF RYGG from Voss is honored throughout Norway as one of the most accomplished virtuosos of the hardingfele today. Rygg began playing the fiddle at the age of nine, from teachers including Lars Skjervheim, Sigbjørn Bernhoft Osa and Anders Kjerland. His gorgeous tone, perfect technique and deep musicality have won him the Landskappleik (the Norwegian National Contest for Traditional Music) five times. He is a superb and inspiring teacher who has taught at workshops throughout Norway. This is only his third time teaching hardingfele in the USA.

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BRITT-MARI WESTHOLM and BENGT MÅRD return to Nordic Fiddles and Feet to celebrate our fifth anniversary. They are expert dancers and teachers who have delighted dance students at workshops throughout the USA for many years. They both have the “big silver” medal from the Ungdomsringen in Sweden and have taught dance throughout the world.

JONAS “JALLE” HJALMARSSON grew up in Älvdalen (NW Dalarna) but has studied with and been influenced by many Dalarna-area fiddlers. His musical backyard was formed by fiddlers like Gössa Anders from Orsa and Gunnar Orre from Älvdalen, among others. He was trained in pedagogy at the Institute in Stockholm, and has been a teacher for nearly a decade at the Folkhögskola in Malung--perhaps the best-known folk-music program in Sweden. He's also involved in the prestigious Royal Swedish Music Academy's folk music track.

EVA ÅSTRÖM RUNE is one of the top folk singers in Sweden. She graduated in 1995 from the Royal Music Academy in Stockholm. Her repertory ranges from very traditional folk songs from all over Sweden to jazz-tinged improvisation. She performs with ensembles such as Rosenbergs Sjua, Alruna, Krus, and Rune-Lindvall-Sjöblom, in genres including folk music, contemporary music, modern dance and theatre. She works as vocal pedagogue at the University of Karlstad. Eva has an unusually clear and expressive voice, and an ebullient personality that shines through in her singing.

ANNA-KRISTINA WIDELL, champion nyckelharpist, specializes in tunes from Uppland and particularly the soulful 8th-note-based tunes of Ceylon Wallin. However, she also loves to play 16th-note slängpolskor and has a repertory of tunes from all over Sweden. She has been studying at the Royal Music Academy in Stockholm. She won the World Nyckelharpa Championship in 2002 and the Youth Championship in 1999.

🌸🌸🌸🌸 State-side Staff 🌸🌸🌸🌸

ROO LESTER and **LARRY HARDING** are experienced dancers and teachers who exude delightful energy and enthusiasm. They have an encouraging, clear style of teaching that makes them favorite teachers for both experienced and novice dancers.

BRUCE SAGAN returns this year--our former NFF co-director, and previously co-founder and co-director of Scandinavian Week. He regularly travels to and studies in Scandinavia, and is a fabulous fiddler and teacher whose

mastery of a variety of musical styles offers tantalizing breadth to our program. Bruce inspires musicians and dancers alike with his contagious energy and enthusiasm.

LORETTA KELLEY is highly respected both in the USA and in Norway for her talent and skill with the hardingfele as well as her knowledge about traditional Norwegian music and folk culture. Her writing, performances, and recordings have enriched us all as we explore Norwegian folk culture.

Make checks payable to **Nordic Fiddles and Feet** (US Dollars only please)
 and mail with this application (both sides) and TWO SELF-ADDRESSED, STAMPED ENVELOPES to:
NFF, 4401 Alta Vista Way, Knoxville, TN 37919

Name (s) _____

Address _____

Phone(s) _____

E-mail: _____

How would you like your name(s) to appear on
 your badge(s)? _____

Child(ren) name(s) and age(s) _____

Type of Housing:

Women only ___ Men only ___ Couples/Mixed ___

Do you expect to bring a tent? ___

Do you snore? ___

Special Dietary Needs (if veggie, please
 indicate whether you eat fish, eggs, etc.). _____

Enclosed please find:

Deposit for ___ person(s)..... _____

Full-week fee for ___ person(s)..... _____

Mini-camp fee for ___ person(s)..... _____

Minus 10% first-timer discount..... _____

I'd like ___ dance syllabi @ \$4 each..... _____

I'd like ___ music syllabi @ \$6 each..... _____

I'd like to order ___ T-shirts..... _____

short slvs \$15, long slvs \$22, S/M/L/XL/XXL (circle)

Total enclosed:.....

Balance due:.....

Thanks! We can't wait to see you at camp!



REGISTRATION: \$600 for full-week camp (Sat. dinner through Sat. breakfast), or \$325 for mini-camp (Sat. dinner through Tues. breakfast). NEW: First-timers (those who have never attended Nordic Fiddles and Feet or its predecessor Scandinavian Week) receive a 10% discount. Deposit of \$175 holds your place and is due by May 1; fully refundable until June 1. Balance on pre-May 1 registrations (\$425 full week, \$150 mini-camp) must be postmarked by June 1. Registrations postmarked after May 1 must include the FULL AMOUNT PLUS A \$40 SURCHARGE (\$640 full-week, \$365 mini-camp). Registrations cannot be accepted after June 12.

SASE: Please enclose TWO self-addressed, stamped envelopes with your registration.

CHILDREN are welcome with a designated adult who is responsible for them at all times. Full week: \$255 ages 13-17, \$175 ages 5-12; Mini-camp: \$160 ages 13-17, \$100 ages 5-12. Under 5 are free. NEW: Bring two children and third child in family is 50% off. We will connect parents so that they can arrange programs for the children together.

WORK SCHOLARSHIPS are available, mainly in the kitchen, at a reduced rate of \$330 (\$370 after May 1). All positions involve about 3 hours daily and can be arranged so that you don't miss special classes. To apply, send a letter, along with your registration form and deposit, describing your cooking or other RELEVANT experience. Please call or email for more

details.

SYLLABUS: Dance notes and tune sheet music and song words are available; please pre-order on the registration form.

BUFFALO GAP COMMUNITY CAMP is in Capon Bridge, WV, near Winchester, VA, about two hours west of Washington, DC. It is a rustic 200-acre camp with a beautiful, open-air covered dance pavilion overlooking a small, private swimming lake with a sandy beach and a wood burning sauna at one end. Cabins are nestled in the hill surrounding the pavilion. Some are only screened in, others are more enclosed. The bathrooms facilities range from sinks and toilets in the cabin and group showers, to renovated full bathrooms shared by 3 to 4 rooms. Expect to share a cabin with up to 8 people. You are welcome to bring a tent for more privacy. NO SMOKING is allowed in any camp buildings.

TRAVEL PLANNING: Camp begins with dinner at 7 PM on Saturday, July 2. PLEASE ARRIVE AFTER 5 PM. Camp ends after breakfast on Saturday, July 9 (after breakfast on Tuesday, July 5 for mini-camp). If you fly to Dulles Airport, plan to arrive by 4 PM on the 2nd and depart after 2 PM on the departure date. We can help you coordinate with other campers for rental cars and rides, if possible.

DETAILS will be sent later: directions, what to bring, etc.

We expect camp to fill quickly, so send in your registration! Registrations are fully refundable until June 1, so reserve space now. Enrollment is limited, and we do our best to have a good balance between men and women for dancing. **Men can help us by registering early!**

Please indicate which classes you intend to take and your skill level - (B)eginner, (I)ntermediate or (A)dvanced. You may change your mind when you get to camp--this is just to help us in planning. Most people take 2-3 classes; some squeeze in 4 if the schedule allows. Also, let us know if you need to borrow an instrument or can lend one (thanks!!).

	Class	Level
Hardingfele	_____	_____
Swedish fiddle	_____	_____
Nyckelharpa	_____	_____
Singing	_____	_____
Norwegian Dance	_____	_____
Swedish Dance	_____	_____
Dance Basics	_____	_____
Crafts	_____	_____

I would like to review/learn the following dances/techniques in the dance basics class: _____

I have the following special talents/skills that I would be willing to share with NFF (MD, video whiz, contra caller, other...)

I need to borrow a _____

I can lend a _____

Please add me to ___ remove me from ___ the mailing list even though I can't come this year.



Nordic Fiddles and Feet

4401 Alta Vista Way
 Knoxville, TN 37919
 (865) 522-0515

e-mail: fiddlesandfeet@aol.com
 web site: www.nordicfiddlesandfeet.org

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address correction requested

Music and Dance of Norway & Sweden

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 Roo Lester & Larry Harding, Leif Rygg, Anna-Kristina Widell, Eva Åström Rune,
 Jonas "Jalle" Hjalmarsson, Bruce Sagan, Loretta Kelley

Hope you can come!